



Josephine's

TEA

Pot of Tea for One £4.55

Each pot of tea serves one person.

★ Highly Recommended

Guarantee:

If you would like any advice regarding our teas please ask. If you are feeling adventurous and wish to try a blend you've never tried before you can do so in the knowledge we will replace it free of charge for something you do like.

Our Tea:

Most of our teas are available to buy – ask your server. We use the finest merchants based in the UK to source ethically picked and cultivated teas from the world's best tea estates.

PREMIUM BLACK TEA: Infusion Time 3-7 mins

Black teas contain about half the caffeine of coffee, and research has shown drinking 4+ cups a day reduces the risk of stroke and heart attacks. These are pure leaf estate teas:

Darjeeling (Margaret's Hope) (+30p) TGFOP

Assam (Bukhial) (+15p) TGFOP

★ **Kenya** (Lelsa) FBOP

BLACK TEA (BLENDS & FLAVOURED):

Josephine's Lighter Breakfast Blend

English Breakfast

Decaf English Breakfast (+35p)

Yorkshire Blend

★ **Earl Grey** with real Bergamot Oil (+25p)

Vanilla Earl Grey creamy (+25p)

Duchess Earl Grey (Lady Grey) (+25p)

Decaf Earl Grey (+35p)

Moroccan Mint minty

Lapsang Souchong Smoky (+15p)

★ **Rose Congou** floral (+20p)

Chaykhana (our strongest tea)

Caramel Dream sweet

Sweet Cherry & Almond sweet & nutty (+10p)

FRUIT TEAS: 6-8 mins. Don't add milk.

Infusions of delicious fruits combined for a flavoursome alternative to other hot drinks. Can be brewed cold, please ask and we'll use cold water.

★ **Mango Tango**

★ **Zingy Ginger & Lemon** (+25p)

Wicked Kiwi & Strawberry

HERBAL: 6-8 mins. Don't add milk.

Tea made from herbs rather than from the tea plant *camellia sinensis*, still has major health benefits such as digestive or wellbeing but nothing like Oolongs, White, Black or Green teas.

★ **Peppermint Tea**

OOLONG: 1-2 mins. Best without milk or sugar.

With increasing research pointing to help lowering blood pressure, cholesterol and body fat, Oolongs are fast becoming the health drink.

Orange Blossom Oolong

WHITE TEA: 2-4 mins. Best without milk.

White Tea is believed to be the best for health benefits with links to weight control and preventing cancer. Naturally pale. Lowest in caffeine.

Chantilly Cream Chaicha (+60p)

CHAI: 1-2 mins. Best with milk and sugar to taste.

Lemongrass Chai citrus & spicy

Masala Chai Original Blend spicy

GREEN TEA: 2-4 mins. Best without milk.

Whilst green tea comes from the same plant as black tea, it is processed differently retaining more antioxidants. Helps burn triglyceride fats, prevents heart disease and possibly reduces cancer risk.

★ **Jasmine Blossom**

Japanese Sencha

Cherry Sencha

ROOIBOS: 6-8 mins. Best without milk

Caffeine free herbal tea from South Africa. Very high in antioxidants and linked to helping control type-2 diabetes and cardiovascular disease.

Honeybush Rooibos

Coffee & Amaretto Rooibos

Orange Rooibos

FBOP – Flowery Broken Orange Pekoe TGFOP – Tippy Golden Flowery Orange Pekoe

Flowery refers to the leaf taken from the end bud and first leaf of each shoot. **Broken** means leaves that are not perfect, perhaps split or incomplete. **Golden** means the youngest most freshest leaves. **Tippy** means the tips of the leaves. **Pekoe** is of Chinese origin, thought to mean the leaves are picked when the buds have fine hairs on them. **Orange** is thought to refer to the Dutch Orange-Nassau tea company.

What doesn't make the grade usually end up called **fannings** which are mixed together and end up in supermarket teabags!

Lagers, Ales & Ciders

See special section below for **alcohol free**

Birra Moretti , 4.6% 330ml	£4.85
San Miguel , 5.0% 330ml	£4.50
Spitfire , Amber Ale, 4.5% 500ml	£5.50
Bishops Finger , Kentish Strong Ale, 5.4% 500ml	£5.25
Kopparberg Mixed Fruits , 4% 500ml	£5.40
Henry Weston Vintage Med Dry , 8.2% 500ml	£5.30

Spirits

25ml measure (Double up for an extra £3.00): £5.45

Unless requested otherwise served neat in a tumbler with ice in a side bowl for your convenience.

Beefeater Gin	White Rum	Courvoisier	
Beefeater Pink Gin	Dark Rum	Vodka	
Jameson Whisky	Jack Daniels	Disaronno	
50ml standard measure:			£6.25

Baileys, served over ice.

Favourite Mixed Spirits

Gin (25ml) & Tonic / Double G&T	£6.95 / £9.95
Pimms (50ml) & Lemonade with ice & fruit	£7.55

Cocktails

Filmstar Martini (10%) passionfruit, lemon, mango, vodka	£8.95
Mojito (10%) lemon juice, lime juice, rum	£8.95
Strawberry Daquiri (10%) strawberry, lime, rum	£8.95

Mocktails

Served just like our usual cocktails but no alcohol	£6.50
Old Fashioned / NoNo Mojito / Strawberry Mockiri / Sunset Boulevard	

Wines & Sparkling

See special section below for **alcohol free**

Whites	175ml	Bottle
Pinot Grigio	£7.70	£26.40
Sauvignon Blanc	£7.95	£27.60
Chardonnay	by bottle only	£24.00
Chablis	by bottle only	£34.00

Rose

Mateus Rose	£7.40	£25.05
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Reds

Merlot	£7.70	£26.45
Tempranillo Rioja	£7.80	£26.90
Malbec	by bottle only	£25.80
Cabernet Sauvignon	by bottle only	£27.80

We also have a selection of **guest reds** above the counter, please pop up to the counter to view

Sparkling

Glass of Prosecco	£8.75
Prosecco / Prosecco Rose (bottle)	£28.00
Mimosa (Prosecco & Orange juice)	£7.70
Moet & Chandon (bottle)	£58.00

On The Beach (10%) peach, raspberry,cranberry, vodka	£8.95
Tequila Sunrise (7.5%) orange, grenadine, tequila	£8.95
Espresso Martini (10%) cold brewed espresso, vodka	£8.95

Low/No Alcohol

Peroni 0% (330ml)	£4.40
Ghost Ship 0.5% (330ml)	£4.80
McGuigan 0% Sauvignon Blanc (75cl)	£15.00

Coffee & Soft Drinks

NESPRESSO

Espresso	£2.80	Irish Coffee	£7.50	San Pellegrino Orange	£3.25
Americano	£3.95	Baileys Hot Chocolate	£7.50	San Pellegrino Pomegranate	£3.25
Cappuccino, Flat White, Latte	£4.65	Bottled sparkling/still water	£2.25	Schweppes Lemonade	£3.25
Caramel Syrup	+50p	Soda & Lime	£2.50	Coke / Diet Coke	£3.45/£3.25
Mocha	£5.95	Tonic / Soda	£2.00	Fentimans Elderflower	£3.70
Cadbury's Hot Chocolate	£4.75	100% Orange/Apple Juice	£3.75	Fentimans Ginger Beer	£3.70
		Orange Juice & Lemonade	£3.75	Fentimans Dandelion & Burdock	£3.70



DRINKS

We are a licensed restaurant and operate the Challenge 21 policy for serving alcohol.
If you appear to be under 21 please take it as a compliment if we ask for proof of age.

Our standard measures for Wines are 175ml
Our standard measures for spirits are 25ml / 50ml
Cocktails are 250ml