



Josephine's

**Guarantee:**

If you would like any advice regarding our teas please ask. If you are feeling adventurous and wish to try a blend you've never tried before you can do so in the knowledge we will replace it free of charge for something you do like.

**Loose Leaf Tea**

Always better than a tea bag!

**Pot of Tea for One £4.55**

Each pot of tea serves one person.

★ Highly Recommended

**Our Tea:**

Most of our teas are available to buy – ask your server.

We use the finest merchants based in the UK to source ethically picked and cultivated teas from the world's best tea estates.

**PREMIUM BLACK TEA:** Infusion Time 3-7 mins

Black teas contain about half the caffeine of coffee, and research has shown drinking 4+ cups a day reduces the risk of stroke and heart attacks. These are pure leaf estate teas:

**Darjeeling** (Margaret's Hope) (+35p) TGFOP

**Assam** (Bukhial) (+15p) TGFOP

★ **Kenya** (Lelsa) FBOP

**OOLONG:** 1-2 mins. Best without milk or sugar.

With increasing research pointing to help lowering blood pressure, cholesterol and body fat, Oolongs are fast becoming the health drink.

**Orange Blossom Oolong**

**BLACK TEA (BLENDS & FLAVOURED):**

Josephine's Lighter Breakfast Blend

English Breakfast

**Decaf** English Breakfast (+35p)

Yorkshire Blend

★ **Earl Grey** with real Bergamot Oil (+25p)

**Vanilla Earl Grey** creamy (+25p)

**Duchess Earl Grey** (Lady Grey) (+25p)

**Decaf Earl Grey** (+35p)

**Moroccan Mint** minty

**Lapsang Souchong** Smoky (+15p)

★ **Rose Congou** floral (+20p)

**Chaykhana** (our strongest tea)

**Caramel Dream** sweet

**Sweet Cherry & Almond** sweet & nutty (+10p)

**WHITE TEA:** 2-4 mins. Best without milk.

White Tea is believed to be the best for health benefits with links to weight control and preventing cancer. Naturally pale. Lowest in caffeine.

**Chantilly Cream Chaicha** (+60p)

**CHAI:** 1-2 mins. Best with milk and sugar to taste.

**Lemongrass Chai** citrus & spicy

**Masala Chai Original Blend** spicy

**GREEN TEA:** 2-4 mins. Best without milk.

Whilst green tea comes from the same plant as black tea, it is processed differently retaining more antioxidants. Helps burn triglyceride fats, prevents heart disease and possibly reduces cancer risk.

★ **Jasmine Blossom**

**Japanese Sencha**

**Cherry Sencha**

**FRUIT TEAS:** 6-8 mins. Don't add milk.

Infusions of delicious fruits combined for a flavoursome alternative to other hot drinks. Can be brewed cold, please ask and we'll use cold water.

★ **Mango Tango**

★ **Zingy Ginger & Lemon** (+25p)

**Wicked Kiwi & Strawberry**

**ROOIBOS:** 6-8 mins. Best without milk

Caffeine free herbal tea from South Africa. Very high in antioxidants and linked to helping control type-2 diabetes and cardiovascular disease.

**Honeybush Rooibos**

**Coffee & Amaretto Rooibos**

**Orange Rooibos**

**HERBAL:** 6-8 mins. Don't add milk.

Tea made from herbs rather than from the tea plant *camellia sinensis*, still has major health benefits such as digestive or wellbeing but nothing like Oolongs, White, Black or Green teas.

★ **Peppermint Tea**

FBOP – Flowery Broken Orange Pekoe      TGFOP – Tippy Golden Flowery Orange Pekoe

**Flowery** refers to the leaf taken from the end bud and first leaf of each shoot. **Broken** means leaves that are not perfect, perhaps split or incomplete. **Golden** means the youngest most freshest leaves. **Tippy** means the tips of the leaves. **Pekoe** is of Chinese origin, thought to mean the leaves are picked when the buds have fine hairs on them. **Orange** is thought to refer to the Dutch Orange-Nassua tea company.

What doesn't make the grade usually end up called **fannings** which are mixed together and end up in supermarket teabags!

Our standard measures for Wines are 175ml  
Our standard measures for spirits are 25ml / 50ml  
Cocktails are 200-250ml



We operate Challenge 21. Please do not be offended if we ask for ID when ordering alcohol!

## Bottled Lagers, Ales & Ciders

See special section below for **alcohol free**

<b>Birra Moretti</b> , 4.6% 330ml	£4.85
<b>San Miguel</b> , 5.0% 330ml	£4.50
<b>Spitfire</b> , Amber Ale, 4.5% 500ml	£5.50
<b>Kopparberg Mixed Fruits</b> , 4% 500ml	£5.40
<b>Henry Weston Vintage Med Dry</b> , 8.2% 500ml	£5.30

## Spirits

25ml measure (Double up for an extra £3.00): £5.25

Unless requested otherwise served neat in a tumbler with ice in a side bowl for your convenience.

<b>Beefeater Gin</b>	<b>White Rum</b>	<b>Courvoisier</b>	
<b>Beefeater Pink Gin</b>	<b>Dark Rum</b>	<b>Vodka</b>	
<b>Jameson Whisky</b>	<b>Jack Daniels</b>	<b>Disaronno</b>	
50ml standard measure:			£6.25
<b>Baileys</b> , served over ice.			

## Favourite Mixed Spirits

<b>Gin (25ml) &amp; Tonic / Double G&amp;T</b>	£6.95 / £9.95
<b>Pimms (50ml) &amp; Lemonade</b> with ice & fruit	£7.55

## Cocktails

<b>Filmstar Martini (10%)</b> passionfruit, lemon, mango, vodka	£9.95
<b>Mojito (10%)</b> lemon juice, lime juice, rum	£9.95
<b>Strawberry Daquiri (10%)</b> strawberry, lime, rum	£9.95
<b>On The Beach (10%)</b> peach, raspberry, cranberry, vodka	£9.95
<b>Tequila Sunrise (7.5%)</b> orange, grenadine, tequila	£9.95
<b>Espresso Martini (10%)</b> cold brewed espresso, vodka	£9.95

## Mocktails

Served just like our usual cocktails but <b>no alcohol</b>	£7.50
<b>Old Fashioned / NoNo Mojito / Strawberry Mockiri / Sunset Boulevard</b>	

## Wines

See special section below for **alcohol free**

<b>House Whites</b>	175ml	Bottle
<b>Pinot Grigio</b> , Ponticello	£7.85	£28.20
<i>Smooth and delicate with hints of peach &amp; pear. Italy 12.5%</i>		
<b>Sauvignon Blanc</b> Wairau Cove	£7.65	£27.40
<i>Hints of gooseberry. Marlborough, New Zealand 12%</i>		
<b>Frascati</b> Gabbia D'Oro	bottle only	£24.20
<i>Dry and soft with fruity notes, perfect as an aperitif 12%</i>		

**Spritzers:** We only sell mixers by the bottle but can do a Spitzer for the same price but with 125ml wine in a tall glass. We will assume SODA unless you request otherwise.

## Rose

<b>Mateus Rose</b> Portugal, 11%	£7.40	£26.30
<i>Youthful and fresh with a touch of sparkle</i>		

## House Reds

<b>Merlot</b> Casillero del Diablo	£7.75	£27.90
<i>Smooth Medium Bodied. Chile, 13.5%</i>		
<b>Malbec</b> Trivento Reserve	£7.55	£27.00
<i>Notes of plum &amp; raspberry. Argentina 13.5%</i>		
<b>Tempranillo Rioja</b> Campo Viejo	by bottle only	£24.95
<i>Classic gold winner. Spain 13.5%</i>		

We also have a limited selection of guest reds above the counter, please pop up to the counter to view or ask for the list

## Sparkling

<b>Fillipetti Prosecco</b>	£9.75	£30.75
<i>Premium Italian DOC 11%</i>		
<b>Prosecco Rose (bottle)</b>		£32.00
<b>Mimosa (Prosecco &amp; Orange juice)</b>		£8.70
<b>Moet &amp; Chandon (bottle)</b>		£71.00

## Low/No Alcohol

<b>Peroni 0%</b> (330ml)	£4.40
<b>Ghost Ship 0.5%</b> (330ml)	£4.80
<b>McGuigan 0% Sauvignon Blanc</b> (75cl)	£15.00

## Nespresso Coffee & Soft Drinks

Espresso	£2.20	Irish Coffee	£8.50	San Pellegrino Orange	£3.55
Americano	£3.05	Baileys Hot Chocolate	£8.50	San Pellegrino Pomegranate	£3.55
Cappuccino, Flat White, Latte	£3.70	Bottled sparkling/still water	£2.65	Schweppes Lemonade	£3.45
Caramel Syrup	+60p	Soda & Lime	£3.00	Coke / Diet Coke	£3.65/£3.45
Mocha	£4.65	Tonic / Soda	£2.20	Fentimans Elderflower	£3.80
Cadbury's Hot Chocolate	£4.55	100% Orange/Apple Juice	£3.75	Fentimans Ginger Beer	£3.80
		Orange Juice & Lemonade	£3.75	Fentimans Dandelion & Burdock	£3.80