

## Josephine's

#### Guarantee:

If you would like any advice regarding our teas please ask. If you are feeling adventurous and wish to try a blend you've never tried before you can do so in the knowledge we will replace it free of charge for something you do like.

## Loose Leaf Tea

Always better than a tea bag!

#### Pot of Tea £4.85

Each pot of tea serves **one person** two cups. We do not provide a second cup for sharing.

★ Highly Recommended

#### Our Tea:

Most of our teas are available to buy – ask your server.
We use the finest merchants based in the UK to source ethically picked and cultivated teas from the world's best tea estates

#### PREMIUM BLACK TEA: Infusion Time 3-7 mins

Black teas contain about half the caffeine of coffee, and research has shown drinking 4+ cups a day reduces the risk of stroke and heart attacks.

These are pure leaf estate teas, can be drank easily without milk.

#### Darjeeling (Margaret's Hope) (+25p) TGFOP

Margaret was the daughter of the owner at the time who fell in love with the area and its beauty and hoped to come back to live there. She returned to England but died on the way home. Her father renamed the estate in her honour.

Widely regarded as the Champagne of Tea.

#### Assam (Bukhial) (+15p) TGFOP

Grown on the southern foothills of the Himalayas, on the banks of the Brahmaputra river. Slower growing than other Assams producing a better flavour

#### **★Kenya** (Lelsa) FBOP

Situated in the Lelsa sub district of Tinderet in Kenya, the teas from this region are widely regarded as one of Africas greatest ever teas.

#### BLACK TEA (BLENDS & FLAVOURED):

#### **English Breakfast**

Decaf English Breakfast (+35p)

**Yorkshire Blend** 

★ Earl Grey our merchants blends with real Bergamot Oil, not synthetic as found in many others (+25p)

Vanilla Earl Grey creamy (+25p)

Duchess Earl Grey (Lady Grey) (+25p)

Decaf Earl Grey rare! (+35p)

**★Rose Congou** *floral* (+20p)

**Caramel Dream** sweet

Sweet Cherry & Almond sweet & nutty (+10p)

#### FRUIT TEAS: 6-8 mins. Don't add milk.

Infusions of delicious fruits combined for a flavoursome alternative to other hot drinks. Can be brewed cold, please ask and we'll use cold water.

**★ Mango Tango** 

**★Zingy Ginger & Lemon** (+25p)

Wicked Kiwi & Strawberry

#### HERBAL: 6-8 mins. Don't add milk.

Tea made from herbs rather than from the tea plant camellia sinensis, still has major health benefits such as digestive or wellbeing but nothing like Oolongs, White, Black or Green teas.

**★Peppermint Tea** 

#### OOLONG: 1-2 mins. Best without milk or sugar.

With increasing research pointing to help lowering blood pressure, cholesterol and body fat, Oolongs are fast becoming the health drink.

**Orange Blossom Oolong** 

**CHAI:** 1-2 mins. Best with milk and sugar to taste.

Masala Chai Original Blend spicy

#### GREEN TEA: 2-4 mins. Best without milk.

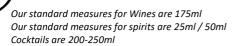
Whilst green tea comes from the same plant as black tea, it is processed differently retaining more antioxidants. Helps burn triglyceride fats, prevents heart disease and possibly reduces cancer risk.

**★Jasmine Blossom** 

FBOP – Flowery Broken Orange Pekoe TGFOP – Tippy Golden Flowery Orange Pekoe

**Flowery** refers to the leaf taken from the end bud and first leaf of each shoot. **Broken** means leaves that are not perfect, perhaps split or incomplete. **Golden** means the youngest most freshest leaves. **Tippy** means the tips of the leaves. **Pekoe** is of Chinese origin, thought to mean the leaves are picked when the buds have fine hairs on them. **Orange** is thought to refer to the Dutch Orange-Nassua tea company.

What doesn't make the grade usually end up called *fannings* which are mixed together and end up in supermarket teabags!





**We operate Challenge 21.** Please do not be offended if we ask for ID when ordering alcohol!

## Bottled Lagers, Ales & Ciders

See special section below for <b>alcohol free</b>	
Birra Moretti, 4.6% 330ml	£4.95
San Miguel, 5.0% 330ml	£4.70
Spitfire, Amber Ale, 4.5% 500ml	£5.70
Kopparberg Mixed Fruits, 4% 500ml	£5.80
Henry Weston Vintage Med Dry, 8.2% 500ml	£5.50

## **Spirits**

25ml measure (Double up for an extra £3.25): £5.95 Unless requested otherwise served neat in a tumbler with ice in a side bowl for your convenience.

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Gordons Dry Gin	Malibu	Courvoisier
Gordons Pink Gin	Lambs Navy	Smirnoff Vodka
Jameson Whisky	Jack Daniels	Disaronno
50ml standard measure:		£7.55
Baileys, served over ice	e.	

# Favourite Mixed Spirits Gin (25ml) & Tonic / Double G&T £8.25 / £10.95 Pimms (50ml) & Lemonade with ice & fruit £8.55

Cocktails	
Filmstar Martini (5%) passionfruit, lemon, mango, vodka	£8.90
Mojito (8%) apple juice, lime juice, rum	£8.90
Strawberry Daquiri (5%) strawberry, lime, rum	£8.90
Blue Raspberry Martini (8%) mixed fruits, vodka	£8.90
Tequila Sunrise (7.5%) orange, grenadine, tequila	£8.90
Espresso Martini (5%) cold brewed espresso, vodka	£8.90

#### Wines

See :	special	section	below	for	alcohol	free

White Wines	175ml	Bottle
Pinot Grigio, Ponticello	£7.90	£26.00
Smooth and delicate with hints of peach &	& pear. Italy 12.5%	
Sauvignon Blanc Wairau Cove	£7.75	£25.40
Hints of gooseberry. Marlborough, New Z	ealand 12%	

**Spritzers:** We only sell mixers by the bottle but can do a Spitzer for the same price but with 125ml wine in a tall glass. We will assume SODA unless you request otherwise.

THOSE OF THE PARTY		
Mateus Rose Portugal, 11%	£7.35	£23.60
Youthful and fresh with a touch of sparkle		
Pinot Blush Previata, Italy, 11%	£7.40	£24.00
Medium Dry, fruity and refreshing.		
(4)		
Red Wines		
Merlot мнv м нubert	£7.70	£27.70
Smooth Medium Bodied. France, 13%		
Malbec Trivento Reserve	£7.75	£27.90
Notes of plum & raspberry. Argentina 13.5%		

We also have a limited selection of guest reds above the counter, please pop up to the counter to view or ask for the list

## **Sparkling**

Fillipetti Premium Prosecco	£8.50	£29.75
Premium Italian DOC 11%		
Prosecco Rose (bottle)		£27.00
Mimosa (Prosecco & Orange juice)		£9.50
Moet & Chandon Imperial Brut (bo	ottle) 👸 /	£61.20

Low/No Alcohol		McGuigan 0% Sauvignon Blanc (75c1)	£13.70
Peroni 0% (330ml)	£4.40	McGuigan 0% Shiraz (75cl)	£13.70
Ghost Ship 0.5% (330ml)	£4.80	Please note that 0% wines are very <mark>di</mark> fferent wines and we assume you already know the p	
Doom Bar 0% (500ml)	£5.40	before ordering. We have dropped Nozeco du	
Old Mout 0% (500ml)	£4.75	product quality	•

## Nespresso Coffee & Soft Drinks

Espresso	£2.20	Irish Coffee	£8.50	San Pellegrino Orange	£3.55
Americano	£3.05	Baileys Hot Chocolate	£8.50	San Pellegrino Pomegrana	te £3.55
Cappuccino, Flat White, Latte	£3.90	Bottled sparkling/still water	£2.65	Schweppes Lemonade	£3.45
Caramel Syrup	+60p	Soda & Lime	£3.00	Coke / Diet Coke	£3.65/£3.45
Mocha	£4.95	Tonic / Soda	£2.20	Fentimans Elderflower	£3.80
Cadbury's Hot Chocolate	£4.75	100% Orange/Apple Juice small	£2.75	Fentimans Ginger Beer	£3.80
		100% Orange/Apple Juice Large	f3.95		1

£3.75

Orange Juice & Lemonade